

# January/Gichi-Manidoo-Giizis/Wirotekika Wi 2020

Ojibwe translation: Great Mystery Moon /  
Dakhóta translation: Moon of Hard Times



**Alcoholism:** the addiction to alcohol – is an illness. It is one of the most serious health problems in the US.

Monday 5-10	Tuesday 5-10	Wednesday 11+	Thursday 11+	Friday
<p><b>Ojibwe/Dakhóta Words &amp; Phrases of the Month: We are all related</b> Ojibwe: Gidinawendimin Dakhóta: Mitákuye Owásitj</p>		<p>1 MAIC CLOSED HAPPY NEW YEAR</p>	<p>2 New Year, New You Activity</p>	<p>3 No Group Van Maintenance</p>
<p>6 Movie Night  "What is alcoholism?"</p>	<p>7 Snowman Activity</p>	<p>8 Ain Dah Yung Visit</p>	<p>9 Theme w/ Sacred Leaders</p>	<p>10 No Group Outreach</p>
<p>13 Dream Catchers &amp; Buttons  "How does the disease of alcoholism progress?"</p>	<p>14 Snow Slime</p>	<p>15 Circle of Discipline</p>	<p>16 Community Service @ MAIC</p>	<p>17 No Group Staff Planning</p>
<p>20 MLK Jr. Day MAIC CLOSED  <small>"The most persistent and urgent question is, 'What are you doing for others?'"</small></p>	<p>21 Stained Glass Window activity  "With help, alcoholics can choose to recover"</p>	<p>22 Teen Tech 3-D pens</p>	<p>23 Gameworks @ MOA</p>	<p>24 No Group Recruitment Day</p>
<p>27 Sledding  "Putting it all together"</p>	<p>28 Glitter Snow Globes</p>	<p>29 Čhaŋšáša Harvesting</p>	<p>30 Snow Tubing</p>	<p>31 </p>

## November Highlights

\*We celebrated the 1 Year Anniversary of being commercial tobacco free at MAIC.

\*We learned about the history of the Indigenous people during Thanksgiving.

\*A Dental Hygienist came in to teach our 5-10 age group about good dental hygiene.

# February/Namebini-Giizis /Thiyóheyungka Wí 2020

Ojibwe translation: Sucker Fish Moon /  
Dakhóta translation: Moon of Hard Times



**Relationships:** When I like myself and treat myself well, other people will want to be with me. Caring and respect are the foundation for all healthy relationships.

## December Highlights

\* We had a speaker from Augsburg show some short native animation films.

\* Our GE kids loved sledding at Matthews Park

\* We received gifts from Saint Joan of Arc for our kids.

Monday 5-10	Tuesday 5-10	Wednesday 11+	Thursday 11+	Friday
	<p>Ojibwe/Dakhóta Words &amp; Phrases of the Month:                      The Way of the Sacred Life                      Ojibwe: Mino Bimaadiziwin                      Dakhóta: Wakaŋ Wičhoni</p>			No Group Van Maintenance
3 Create Group Story "Family...our first relationships"	4 Trail Mix Fun	5 Minnesota Timberwolves @ Night	6 Family Circle Activity	7 No Group Outreach
10 Elder Valentine's "Building Self Esteem"	11 Valentine's for loved ones	12 Card Game Night	13 Valentines Day Activity	14 No Group Staff Planning
17 "Chiefs' Day" MAIC CLOSED "Good friends and healthy relationships"	18 Mask Making	19 Billiards Night	20 Elder/ Speaker	21 No Group Recruitment Day
24 Bowling "Families, friends, and relationships"	25 "Quiet Day" Silent Ball Game	26 Stone Arch Bridge	27 Community Service	28 