

English Month/Ojibwe/Dakhóta Year



Theme Description: ALSDJFALDSJFLASJDFL;ASJDKFL DSJAFLD;JA FDSL;A FDLA;JFLKD ASFLKD;JAS;F DLAS;JFD SLA;JFD SA;LFJKD SA;FLKDJASL;F DJKSL;AFJDKLSA;FJDKLS;AJFKD SJK;LJ KJKJD AJKDAS;LDJF DSAK;

Monday	Tuesday	Wednesday	Thursday	Friday
<div style="border: 1px dashed black; padding: 5px;"> Ojibwe/Dakhóta Words & Phrases of the Month: _____ Ojibwe: _____ Dakhóta: _____ </div>	#	#	#	#
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Nov. /Dec.
Highlights

*Santa came early for our youth and brought lots of presents!

*A snowperson came to visit our younger ones and they loved her/it.

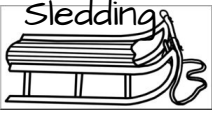
*Our Sacred Leaders earned VISA gift cards for their shopping spree at Mall of America!

January/Gichi-Manidoo-Giizis/Wiotekika Wi 2019

Ojibwe translation: Great Mystery Moon /
Dakhóta translation: Moon of Hard Times



Feelings, Choices, and Responding to Change: Everyone has feelings. We can learn to identify, express, and release our feelings. Change can be exciting or unwanted, but we always have choices about how to act on our feelings.

Monday 5-10	Tuesday 5-10	Wednesday 11+	Thursday 11+	Friday
<p>Ojibwe/Dakhóta Words & Phrases of the Month: We are all related Ojibwe: Gidinawendimin Dakhóta: Mitákuye Owásitj</p>	<p>1 New Year's Day No Group</p>	<p>2 No Group</p>	<p>3 Youth Lock - In Pick ups 7-9pm</p>	<p>4 End of Lock - In drop offs 8-9am No Group in evening</p>
<p>7 No Group "Everyone has feelings"</p>	<p>8 Young Council @ MAIC</p>	<p>9 Common Ground Meditation (5:30-6:30pm)</p>	<p>10 Youth Leaders hip @ MAIC</p>	<p>11 No Group Outreach</p>
<p>14 Fun Day! "Your actions, your choices"</p>	<p>15 Art Activity/Theme</p>	<p>16 Theme with PNC</p>	<p>17 Sacred Leaders</p>	<p>18 No Group Staff Planning</p>
<p>21 MLK Jr. Day NO GROUP <small>the most powerful question is "What are you doing for others?" - Dr. Martin Luther King Jr.</small></p>	<p>22 Museum Field Trip</p>	<p>23 Sacred Leaders</p>	<p>24 Sledding </p>	<p>25 No Group Recruitment</p>
<p>28 Art Night "staying in balance"</p>	<p>29 Mino Bimaadiziwin/ Balancing Act @ MAIC</p>	<p>30 Sacred Leaders Outreach</p>	<p>31 Winter Carnival Saint Paul & Ice Skating</p>	



February/Namebini-Giizis /Thiyóħeyuŋka Wí 2019

Ojibwe translation: Sucker Fish Moon /
Dakhóta translation: Moon of Hard Times



Alcohol: "Touch not the poisonous firewater that makes wise men turn to fools and robs the spirit of its vision."
-Tecumseh, Shawnee Warrior.

Nov./ Dec. Highlights

*Gingerbread houses were constructed at the holiday party! Some survived, some fell! All laughed!

*Two months later we are still missing the snowperson. The memory lives on!

*G still hasn't laughed at any of Bobby Wilson's jokes from the Nov. 1st event. We are still trying! We promise!

Monday 5-10	Tuesday 5-10	Wednesday 11+	Thursday 11+	Friday
	Ojibwe/Dakhóta Words & Phrases of the Month: The Way of the Sacred Life Ojibwe: Mino Bimaadiziwin Dakhóta: Wakaŋ Wičhoni			¹ No Group Van Maintenance
⁴ Ogitchida - Tokala Original Instructions What is alcohol?	⁵ Snowshoeing	⁶ Ogitchida - Tokala Original Instructions	⁷ Sacred Leaders - DIW	⁸ No Group Outreach
¹¹ Theme & Storytelling "How does alcohol affect my mind, body, and spirit?"	¹² Common Ground Meditation	¹³ Cansasa & Asemaa harvesting	¹⁴ Youth Choice	¹⁵ No Group Staff Planning
¹⁸ "Chiefs' Day" No Group "How do I say no to alcohol?"	¹⁹ Young Council - Leadership: Who are our ancestors and chiefs?	²⁰ No Group	²¹ ²² Sacred Leaders Retreat	
²⁵ No Group "Choose resiliency and pride"	²⁶ Car Races	²⁷ Car Races & Youth Choice	²⁸ Sacred Leader Retreat Recap	

March/Onaabani-Giizis/Ista Oniyanpi Wi 2019

Ojibwe translation: Snow Crust Moon
 / Dakhóta translation: Moon of Sore
 Eyes



Alcohol and Indian People: Europeans brought alcohol to North America, using it first for trade and then as a weapon against Indian people. Alcohol addiction spread and continues to damage Indian communities.

Jan./Feb.
 Highlights

*We had a fun, chill youth retreat with the teens. Heard from an elder, created skits, ate lots of food, stayed up too late!

We'll be starting our Future World City art project, where we design the world we want to live in. We're partnering with Better World Museum to start our ideas, using virtual reality.

Monday 5-10	Tuesday 5-10	Wednesday 11+	Thursday 11+	Friday
Ojibwe/Dakhóta Words & Phrases of the Month: Warrior Ojibwe: Ogitchida Dakhóta: Tokala				1 No Group Van Maintenance
4 Tokala Ogitchida Capoeira 6-7pm <i>"Europeans introduced alcohol to Indian People"</i>	5 Better World Museum 6-6:45pm	6 Teen Tech	7 Banners/ International Womxn's Day/ Youth Choice	8 No Group Outreach
11 Brains n Things <i>"Fetal Alcohol Spectrum/Effect"</i>	12 Better World Museum 6-6:45pm	13 Highschool of Recording Arts	14 Guest Speaker & Activity - ME to WE	15 No Group Staff Planning
18 Globetrotting <i>"Alcohol and me: it's my choice"</i>	19 Animal Humane Society	20 Tobacco Grantee Youth Meet up	21 Community Outreach with Sacred Leaders	22 Quarter Staff Meeting
25 Globetrotting <i>"Keep traditional values alive"</i>	26 Start Future World City!	27 Hmoob Village	28 Sacred Leaders - Tobacco Creation Stories with Elder Nelda	29 No Group Staff Work Day

April/Iskigamizige-Giizis/Magaksica Wi 2019

Ojibwe translation: Maple Sap Boiling
 Moon / Dakhóta translation: Moon
 when the geese return



Healthy Me! Keep the circle strong – take care of your body, mind, emotions, and spirit with good diet, exercise and hygiene. Don't abuse tobacco, alcohol, and other drugs. By keeping yourself healthy, you stay in balance and can bounce back from hard times more easily.

Highlights	Monday 5-10	Tuesday 5-10	Wednesday 11+	Thursday 11+	Friday
*Capoeira, an Afro- Brazilian style of martial arts, is a popular activity among GE youth. We're thankful to have Ben teach us how to do it!	1 Theme "Eating healthy food is important"	2 Day Program Hours (more info. soon)	3 Spring Break	4 Day Program Hours (more info. soon)	5 No Group Van Maintenance
	8 Capoeira w/ Ben "There are many benefits to exercise"	9 Sledding	10 Sacred Leaders	11 Kickball Day	12 No Group Outreach
*During our retreat, we met an elder named Joe who talked to us about clans, warriors, and knowing our culture as part of knowing our identity.	15 Future World City "Good hygiene leads to good health"	16 Elephant Toothpaste Experiment	17 Teen Choice	18 Community Outreach with Sacred Leaders	19 No Group Staff Planning
	22 MAIC Closed "Staying healthy is important!"	23 Celebrating Aki/Unci Maka	24 YIP RALLY with Sacred Leaders	25 Sacred Leaders Outing	26 No Group Recruitment
* Surviving winter! Looking forward to spring!	29 Chill Spring Day	30 Future World City	Note: Staff will be at a week training; group times may change or be cancelled 4/23-4/25		
			Ojibwe/Dakhóta Words & Phrases of the Month: Earth Ojibwe: Aki Dakhóta: Unci Maka		

May/Zaagibagaa-Giizis/Wihakta Cepapi Wi 2019

Ojibwe translation: Leaf falling Moon /
 Dakhóta translation: Moon when
 youngest wife is with child



Indian People Past, Present, and Future: Knowing our history helps us understand that we are strong and resilient. Our history and culture give us hope and wisdom to guide us into the future.

Highlights	Monday 5-10	Tuesday 5-10	Wednesday 11+	Thursday 11+	Friday
*	Ojibwe/Dakhóta Words & Phrases of the Month: _____ Ojibwe: _____ Dakhóta: _____		1 Teen Tech	2	3 No Group Van Maintenance
	6 "Our history shows our strength and resilience"	7	8	9	10 No Group Outreach
*	13 "Our resilience helps us keep our families and culture intact."	14	15	16	17 No Group Staff Planning
	20 "We can face the future with confidence."	21	22	23	24 No Group Recruitment
*	27 No School - Memorial Da "I am proud of who I am."	28	29	30	31 No Group Staff Work Day

June/Ode'imini-Giizis/Wipazutkan Wi 2019

Ojibwe translation: Strawberry Moon /
Dakhóta translation: Moon of the June berry



Violence and Gangs: Violence and gangs will get you nothing but trouble. Walk a wiser path: make friends who care about school, stay connected with you culture, play sports and engage in other healthy activities.

Highlights	Monday 5-10	Tuesday 5-10	Wednesday 11+	Thursday 11+	Friday
*	3 "What are the roots of violence?"	4	5 Teen Tech	6	7 (Potential Indian Youth Olympics June 8th?)
*	10 "Anger and people who bully"	11	12	13	14 No Group Outreach
*	17 "Gangs are a real dead end."	18	19	20	21 No Group Staff Planning
*	24 Possible Sacred Leaders Retreat "Choose a better way of life than gangs."	25 Possible Sacred Leaders Retreat	26 Possible Sacred Leaders Retreat	27 Possible Sacred Leaders Retreat	28 No Group Recruitment
	Ojibwe/Dakhóta Words & Phrases of the Month: _____ Ojibwe: _____ Dakhóta: _____				
	Ginew/Golden Eagles After School Program 1350 Franklin Ave. Minneapolis, 55404 (612) 879-1708				

July/Aabita-Niibino-Giizis/Canpa Sapa Wi 2019

Ojibwe translation: Midsummer Moon
 / Dakhóta translation: Moon of black cherries



Drug Abuse: Using illegal drugs doesn't solve any problems-- it only adds new ones. Drug abuse destroys you, your family, and your community..

Highlights	Monday 5-10	Tuesday 5-10	Wednesday 11+	Thursday 11+	Friday
*	1 "Marijuana... it's a no brainer"	2	3	4 MAIC closed for holiday	5 No Group Van Maintenance
	8 "Inhalants are extremely dangerous"	9	10	11	12 No Group Outreach
*	15 Possible Sacred Leaders Retreat "Cocaine and other street drugs"	16 Possible Sacred Leaders Retreat	17 Possible Sacred Leaders Retreat	18 Possible Sacred Leaders Retreat	19 No Group Staff Planning
*	22 "What are the dangers of using drugs?"	23	24	25	26 No Group Recruitment
	29	30	31	Ojibwe/Dakhóta Words & Phrases of the Month: _____ Ojibwe: _____ Dakhóta: _____	

August/Manoominike-Giizis/Wasuton Wi 2019

Ojibwe translation: Ricing Moon /
Dakhóta translation: Moon of seeding
plants



Decisions, Goals, and Money: Decisions I make today affect my future, including decisions about money, school, and alcohol, or drug use. By setting goals and making decisions that help me reach my goals. I will create my own success.

Highlights	Monday 5-10	Tuesday 5-10	Wednesday 11+	Thursday 11+	Friday
*	Ojibwe/Dakhóta Words & Phrases of the Month: _____ Ojibwe: _____ Dakhóta: _____			1	2 No Group Van Maintenance
	5 "Decisions and consequences."	6	7	8	9 No Group Outreach
*	12 "Steps to making good choices."	13	14	15	16 No Group Staff Planning
	19 "Making smart decisions about money."	20	21	22	23 No Group Recruitment
*	26 "Taking steps to reach our goals."	27	28	29	30 No Group Staff Work Day

September/Waatebagaa-Giizis/Canwape Ge Wi 2019

Ojibwe translation: Leaves changing color Moon / Dakhóta translation: Moon of changing leaves



Balance: Living in balance means feeding my mind, body, emotions, and spirit in healthy ways. I also need to live in balance between my Native heritage and mainstream society.

Highlights

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Monday 5-10	Tuesday 5-10	Wednesday 11+	Thursday 11+	Friday
2 "The medicine wheel."	3	4	5	6 No Group Van Maintenance
9 "Finding balance as a cross-cultural warrior."	10	11	12	13 No Group Outreach
16 "How can we walk in balance?"	17	18	19	20 No Group Staff Planning
23 "Balance... Putting it all together."	24	25	26	27 No Group Recruitment
30	Ojibwe/Dakhóta Words & Phrases of the Month: _____ Ojibwe: _____ Dakhóta: _____			

October/Binaakwe-Giizis/Canwape KasnaWi 2019

Ojibwe translation: Leaves falling
 color Moon / Dakhóta translation:
 Moon of falling leaves



Effective Communication: Communicating well is essential to getting along with other people and successfully sharing your ideas and opinions. Listening is just as important as speaking.

Highlights

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Monday 5-10	Tuesday 5-10	Wednesday 11+	Thursday 11+	Friday
	1	2	3	4 No Group Van Maintenance
7 "Learning to listen well."	8	9	10	11 No Group Outreach
14 "Assertiveness and aggressiveness: what's the difference?"	15	16 MEA	17 MEA	28 No Group Staff Planning
21 "Listen and watch-- nonverbal communication."	22	23	24	25 No Group Recruitment
28 Halloween Party 5-10 "Review G/GE guidelines for good communication."	29	30 Halloween Party 11+	31 Happy Halloween! No groups	Ojibwe/Dakhóta Words & Phrases of the Month: _____ Ojibwe: _____ Dakhóta: _____

November/Gashkadino-Giizis/Waniyetu Wi 2019

Ojibwe translation: Freezing Moon / Dakhóta translation: Moon of Cold



Resiliency: Resiliency means the ability to bounce back quickly, recovering strength, spirit, and good humor-- even during hard times. I can learn the skills I need to become resilient.

Highlights	Monday 5-10	Tuesday 5-10	Wednesday 11+	Thursday 11+	Friday
*	Ojibwe/Dakhóta Words & Phrases of the Month: _____ Ojibwe: _____ Dakhóta: _____				1 No Group Van Maintenance
	4 "Why is resilience important?"	5	6	7	8 No Group Outreach
*	11 "Native people are very resilient."	12	13	14	15 No Group Staff Planning
	18 "Alcohol and drug abuse will destroy my resilience."	19	20 No Groups MAIC closed @ 12pm	21 Happy Turkey Day! MAIC CLOSED	22 MAIC CLOSED
*	25 "I can be resilient."	26	27	28	29 No Group Staff Work Day

December/Manidoo-Giizisoons/Wanicokan Wi 2019

Ojibwe translation: Little Spirit Moon /
Dakhóta translation: Moon of Midwinter



Giving and Receiving: Sharing, both giving and receiving, are ways we show we care and appreciate ourselves and others. Having a generous spirit is an important American Indian value.

Highlights	Monday 5-10	Tuesday 5-10	Wednesday 11+	Thursday 11+	Friday
*	2 "The traditional importance of sharing."	3	4	5	6 No Group Van Maintenance
	9 "Why giving and receiving are important."	10	11	12	13 No Group Outreach
*	16 "Celebration!"	17	18	19	20 No Group Staff Planning
	23 "Happy Holidays!"	24 Happy Holidays! MAIC CLOSED	25 Happy Holidays! MAIC CLOSED	26	27 No Group Recruitment
*	30	31 MAIC closed at 12:00pm for the holiday	Ojibwe/Dakhóta Words & Phrases of the Month: _____ Ojibwe: _____ Dakhóta: _____		

Possible Phrases

Possible Phrases:

Gimiigwechiwenimin= I am thankful for you

Gizaagi'in= I love you

Miigwech wiidookawiyān= Thank you for helping me.

Inganawenindiz= I take care of myself

(your name) indizhinikaaz= My name is _____

(where you are from) indoojibaa= I am from _____

(city you live in) indaa= I live in _____

Nidabaabas= I am smudging myself.

Niminwendam= I am glad.

Nigashkendam= I am sad.

indoobendam= I am excited

Indoojaanimendam= I am anxious